



## Training will Cover:

- How to look at healing through the lens of understanding your story
- Importance of knowing your personal story in order to engage other's stories well
- How to read story well
- Understanding the system of the family
- Understanding evil's presence in stories
- Understanding and utilizing group dynamics
- Learning how to structure, market and start a narrative story group in your practice, church or community

This training will involve teaching, group discussion, personal story engagement, practice in co-facilitation of others stories, and video supervision and coaching.

# TRAUMA-FOCUSED NARRATIVE THERAPY TRAINING

The Art of Living Counseling Center

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In this professional training participants will learn how to read the deeper meaning of personal narratives and uncover the hidden themes and storylines that are present in all stories. The personal narratives that we all carry inside give shape and substance to every area of a persons life. Unfortunately these narratives do not reveal themselves easily and they are layered with complexity. Learning to identify and decipher the themes of these inner narratives allow professionals from a variety of disciplines to better assist their clients in reaching their goals of healing and growth.

To be put on waiting list for next Narrative Group

Therapy Training, Please sign up here:

**[Trauma-Focused Narrative Therapy Training](#)**